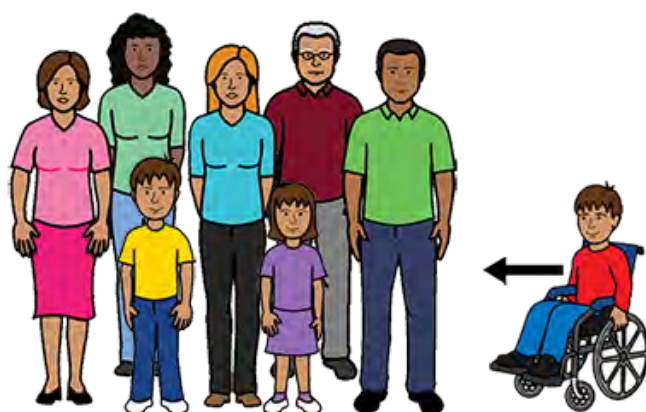




raisingchildren.net.au
the australian parenting website



Inclusion and your child with disability



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find more information.



About this book



This book is from **Raising Children Network**.



Raising Children Network or

raisingchildren.net.au

is a website with information to help parents.

This book is about **inclusion** for your child with disability.

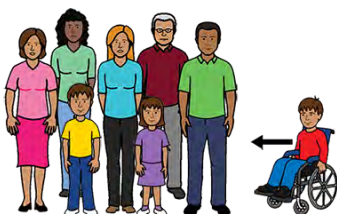


Inclusion means your child can be a part of something like everybody else

- at home



- at school



- in your community.

Your child has a right to be included

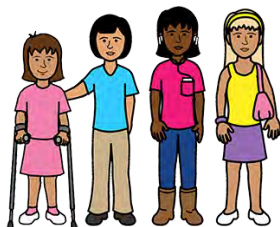


The law says all people in Australia have a right to be **included**.



Included means your child with disability has the same chance as everybody else to

- learn
- play with others
- make friends
- take part in community life
- feel like they belong.



What must other people do for your child?



The law says everybody **must** try to make it easier for your child to join in at

- playgroups



- sport clubs



- schools



- workplaces



- public places
 - for example, the cinema.



When your child joins an activity, people should

- show your child is important like everyone else



- stop others from making your child feel bad



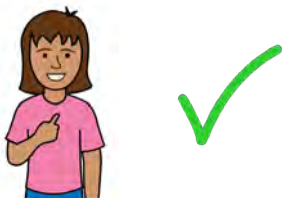
- help your child learn a new skill.

People **must** make changes to help your child where possible.

The changes are called **reasonable adjustments**.

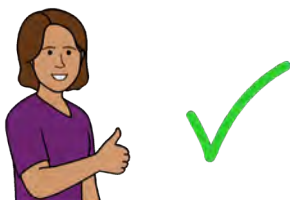


Reasonable adjustments are changes that are fair for everyone.

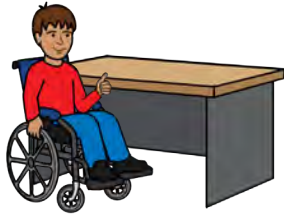


It means the changes must work for

- your child



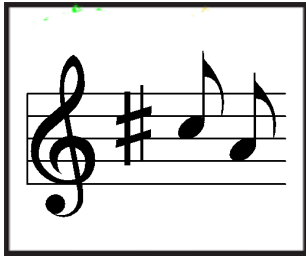
- other people in the activity.



A reasonable adjustment would be if

- your child has a wheelchair and the school moves desks to make more room

or



- your child has low vision and the piano teacher prints music notes on big paper.



You can ask a person or place to make a reasonable adjustment for your child.



The person can say **no** to changes that

- cost too much

or



- are very hard to make.

What can you do for your child?

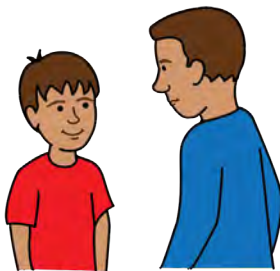


You are an important person to help your child feel more included.



You can

- find groups that are easy for your child to join
 - for example, football for kids with all abilities



- make decisions together with your child



- speak up when others do **not** include your child as they should



- ask other parents for ideas about supporting your child.

What if someone is unfair?

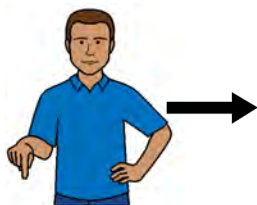


You can make a **complaint** if someone is unfair to you or your child.



A complaint means you tell the person

- what you are **not** happy about



- what you want to happen next.



You can ask an **advocate** to help you.



An advocate helps you say what you want for your child.

You can get help from the **Australian Human Rights Commission**.



The Australian Human Rights Commission helps people get their rights.

More information

National Information Service

You can get help to understand your rights.



Call 1300 656 419

Email infoservice@humanrights.gov.au

Australian Human Rights Commission

You can make a complaint online.



Website

humanrights.gov.au/complaints/make-complaint

Find an advocate

Website

disabilityadvocacyfinder.dss.gov.au/disability/ndap/



If you need help with English

Contact the Telephone Interpreting Service.



Call 131 450

If you need help to speak or listen

Use the National Relay Service.



Website

nrschat.nrscall.gov.au/nrs/internetrelay



Call 1300 555 727

Give the relay officer the phone number you want to call.

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